

FACE Child & Adolescent Risk Assessment Suite

The FACE Child & Adolescent Risk Assessment Suite (CARAS) is the UK's only independently validated suite of risk assessment tools and outcome measures for use in child and adolescent mental health services (CAMHS).



Practitioners working in CAMHS make decisions every day about how to help young people manage their potential for violence, self-harm, suicide or self-neglect.

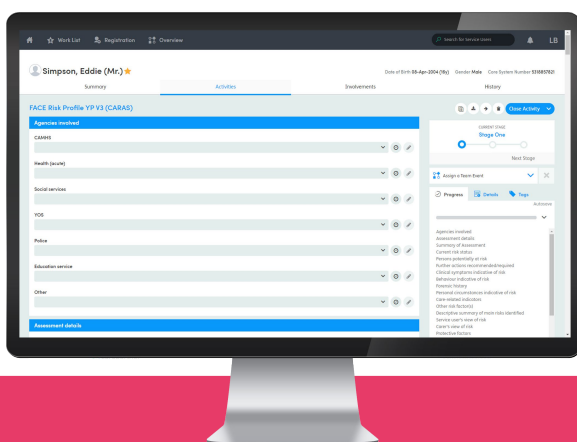
Currently, the tools used to support their decisions vary throughout the country. Because of this, best practices can also vary as some of these tools are not explicitly designed for CAMHS and do not fully account for the social and cultural challenges young people face here in the UK.

Why use the CARAS?

The CARAS solves many day-to-day challenges of clinical risk assessment and management as it's tried and tested, independently validated, and designed specifically for CAMHS in the UK.

It provides reassurance to senior managers, staff and service users as it's evidence-based, always up-to-date, and already used by many healthcare professionals and independent care providers across the country.

The ability to complete forms flexibly also means practitioners can spend less time on admin duties and focus more on the things that matter.



Key Benefits

Independently validated

Developed in collaboration with the University of Durham and CAMHS practitioners.

Developed for CAMHS in the UK

Specifically designed to support young people in the UK experiencing mental health issues.

Minimises duplication and repetition

Flexible form completion means you'll only complete the relevant forms and information.

Evidence-based and robust

Provides reassurance that your tools will stand up to scrutiny if a serious incident occurs.

Supports case prioritisation

Up-front risk screening enables case prioritisation, supporting the Choice and Partnership Approach.

Available specialist risk training

Our experienced trainers are on-hand to train your teams in clinical risk awareness and best practices.

Eliminates paper-based processes

Available as part of a digital platform or as templates to build into your existing systems.

Improved collaboration and communication across teams

The CARAS contains risk assessment tools that are suited to the full range of service users who are in contact with young peoples' services.

The capacity to include community teams, specialist teams, forensic services, learning disabilities, eating disorders, and secure inpatient services has been integrated using evidence-based methodologies.

It's appropriate for use within multi-disciplinary teams where clinicians and staff of varying professional backgrounds and skills are working together.

Efficient, streamlined workflow

The CARAS tools save practitioner time by ensuring that they only focus on in-depth assessment where there is an identified level of risk.

STEP 1

Practitioner completes Young Person's Risk Profile as a 'screening' step. This indicates which area(s) need further consideration.

STEP 2

Practitioner completes one or more Focused Schedules relating to the area(s) indicated at the screening stage.

STEP 3

Practitioner completes the 'Formulation and Management Plan' section of the Young Person's Risk Profile based on the Focused Schedule(s).

Tools included:

Screening, Management and Planning

- Young Person's Risk Profile

Focused Schedules

- Aggression Risk
- Vulnerability Risk
- Sexual Harm Risk
- Aggression in Psychosis Risk
- Self-harm/Suicide Risk
- Eating Disorder Risk
- Learning Disability Risk
- Ward Open
- Ward Secure

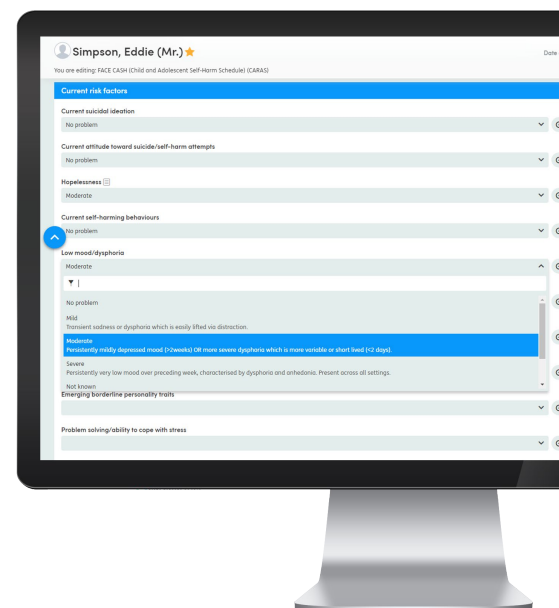
Access our risk training courses

Delivered by experienced trainers, our courses comprehensively cover best practice in clinical risk assessment and management, filling the gaps within many existing professional qualification courses.

Our courses are designed to bring clinicians up to speed in risk awareness, helping to reduce the number of serious incidents that can occur through poor, uninformed practices.

Flexible ways to use

The CARAS can be used via our lightweight and flexible Digital Risk Management platform which features all of our risk tools for both young people and adults. It's purposely designed for quick and easy online completion and offers an 'Export to PDF' feature where needed. Alternatively, you can build it into your own system.



To request a sample, go to www.imosphere.com/caras-sample