# FACE Child & Adolescent Risk Assessment Suite (CARAS)

The FACE Child & Adolescent Risk Assessment Suite (CARAS) is the UK's first fully integrated suite of risk assessment tools and outcome measures for use in child and adolescent mental health services.

## Evidence-based

Uses a systematic and structured approach to assess static and dynamic risk factors. This supports clinicians by identifying key risk factors that are used to formulate and implement risk management plans.

## Supports planning

All information recorded feeds into risk management plans, leading to more targeted care and improving efficiency.
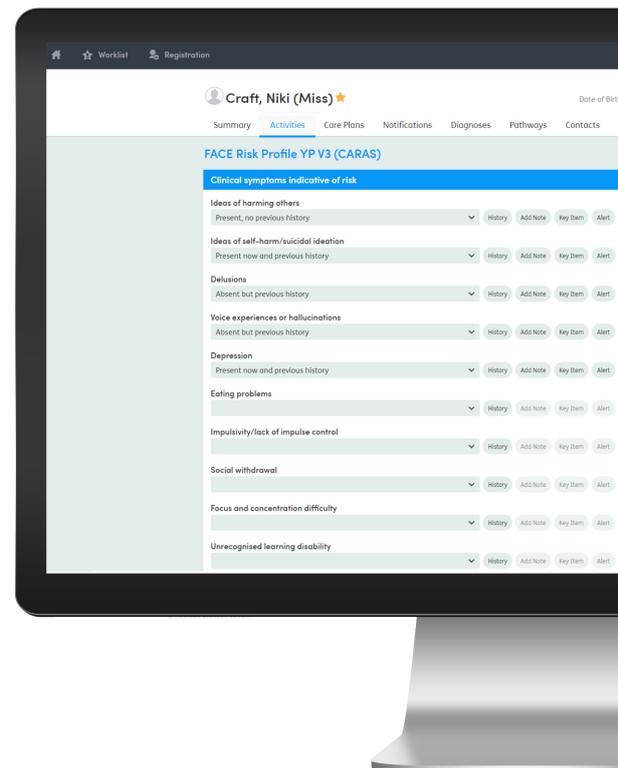
## Supports multi-disciplinary teams

Where clinicians and staff of varying professional backgrounds and skills are working together.

## Versatile

Covers a comprehensive scope with a variety of specialist risk assessments.



The toolset was developed over a two-year period in collaboration with the University of Durham and with the input of mental health practitioners across child and adolescent mental health services.

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# What's included

- Risk Screening Tool
- Aggression Risk
- Vulnerability Risk
- Sexual Harm Risk
- Aggression in Psychosis Risk
- Self-harm/Suicide Risk
- Eating Disorder Risk
- Learning Disability Risk
- Ward Open
- Ward Secure

## Supports multidisciplinary teams

The CARAS contains risk assessment tools that are suited to the full range of service users who are in contact with young peoples' services.

The capacity to include community teams, specialist teams, forensic services, learning disabilities, eating disorders, and secure inpatient services has been integrated using evidence-based methodologies over a two-year period.

The CARAS is appropriate for use within multidisciplinary teams where clinicians and staff of varying professional backgrounds and skills are working together.

## Training and support

All FACE toolsets include high quality supporting documentation and training materials. We can provide on-site training for new users through our network of experienced trainers.

In addition, we run a training programme for people who wish to become 'expert users'. This course is designed for senior practitioners or trainers who will be taking a lead in implementing FACE toolsets in their organisation.

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